

Nutrition in the First 1,000 Days

“State of the World’s Mothers 2012” Report from



Interpreting and Discussing the Report: Vocabulary

nutrition	the process of eating healthy food for living and growing; the scientific study of food and nourishment, including food composition, dietary guidelines, and the roles that various nutrients have in maintaining health.
malnutrition	the condition of not having enough food or not having the right kind of food for good health; faulty nutrition especially due to inadequate intake of nutrients
severe wasting	(acute malnutrition) a medical condition in which a child’s weight is too low for his or her height.
stunting	a medical condition of children who have not gotten the essential nutrients they need, and their bodies and brains have not developed properly
rank	to determine the position of in relation to others
maternity leave	an employee benefit that provides paid or unpaid time off work for mothers to care for a newborn child, some countries provide parental leave that allows for both to fathers and mothers to take time off work to care for new born or newly adopted infants
developed country	countries that have a gross domestic product (GDP), the per capita income, level of industrialization, amount of widespread infrastructure and general standard of living that provides economic growth and security for its population (Tier 1 country)
developing country	a nation with a low living standard, undeveloped industrial base, and lacks infrastructure to support health, economic health and security of the population (Tier 2 or 3 country)
advocate	(n) one who writes, speaks, or acts in favor of a person or issue (v) to plead in favor of
midwife	a person, in addition to a nurse or doctor, who is trained to help mothers give birth